

# Telehealth Tidbits

Spring 2008

## Upcoming Events

- [American Telehealth Association](#) Annual Conference, April 6-8, Seattle,
- AUCH Annual Conference, May 1-2, 2008, (Telehealth Breakout Session, May 1st)
- Retinal Screening Events, Ongoing, Contact Libbey Chuy at 801-716-4603 or [libbey@auch.org](mailto:libbey@auch.org) to schedule an event.

## Retinal Screening Totals

November	98
December	7
January	21
February	35
Totals	161



## SPOTLIGHT: Telebehavioral Health

### What is it?:

Provides mental health services to remote primary care facilities or clinics that do not have a patient load requiring full-specialty provider services.

TeleBehavioral Health can effectively include consultations on depression, psychology, etc.,

### Required equipment:

1. Video-conference equipment.
2. Computer with MMPI availability.

### Who is an appropriate patient?:

Any provider referred patient, new or established, for whom a psychiatric and or behavioral health consultation is indicated and agreed to by the provider. The patient should also be minimally versed in how video-conferencing works.

### Useful documents:

1. [Telemedicine Guidelines for Behavioral Health](#)
2. [Psychiatric/Mental Health Consultation Check-List](#)

### Related web sites:

1. [Northwest Regional Telehealth Resource Center](#)
2. [HRSA Telemental Health](#)

Plan on attending the Telehealth Breakout Session at the 2008 AUCH Annual Conference.

## Why a Telehealth newsletter?

The world of technology is changing constantly, and it is difficult to stay up on the latest medical gizmo, gadget and wade through what will really enhance a primary care facility. This quarterly newsletter's purpose is to clarify what new products and how telehealth/telemedicine will enhance

your organization. The goals for having these newsletters are to:

1. Share information and technology (Each quarterly newsletter's SPOTLIGHT section.);
2. Educate clinic staff on how to implement or adapt a telemedicine

program; and

3. Improve quality primary health care by expanding applicable telemedicine services.

I look forward to working with all of you in your telehealth/telemedicine needs.

Sincerely,

Libbey

## Telehealth 101

### What is Telehealth?

The use of electronic information and telecommunication technology to support long distance clinic healthcare; patient and professional health-related education; and public healthcare and administration.



### Current AUCH Telehealth Programs:

1. Participation in Utah Department of Health's Diabetes Brown Bag Series
2. Teleophthalmology Program (Retinal Screening Program)
3. AUCH-sponsored trainings (Pharmacy updates, Tobacco cessation, drug demonstrations, workgroup meetings, board meetings, etc.)

### 4. Teleradiology Program

### Other Utah Telehealth Programs:

1. Teledermatology Clinic (State Prison and UofU)
2. TeleOrthopedic Clinic (State Prison and UofU)
3. Telehealth Educational Series ([Utah Telehealth Network](#))

## AUCH Receives Funding To Build a Retinal Screening Hub

AUCH recently received funding for an Utah Women's Integrated Network (UWIN) ASIST2010 grant partially designated to build a state-wide retinal screening hub.

Currently, the retinal screening process consists of conducting the screenings at a clinic, transferring images from the laptop to a CD and then mailing them to a specialist for interpretation. The results are re-

tuned to AUCH, data is collected and results are mailed to the clinic, about a 2-3 week process.

The new hub will provide an efficient solution to storing, interpreting and distributing retinal screening images. Clinics will eventually have access to the hub, and be able to attach patients images to their EMR system or print a hard copy to include in a patient's file.

Pilot testing is projected to start Summer 2008.

(Other UWIN ASIST2010 partners include: University of Utah, Utah Department of Health, and UNHS.)

## AUCH Telehealth Coordinator: Libbey Chuy



Libbey Chuy,  
MPH

AUCH  
Tehealth  
Coordinator

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Libbey graduated with her Bachelors in Community Health from BYU and a MPH from the University of Utah in 2005. She recently came from the Utah Department of Health, Asthma Program, where she worked for 4+ years.

At AUCH she will coordinate all telehealth and telemedicine projects,

including the Retinal Screening Program, brown bags and all trainings/meetings via video-conferencing. She is excited to work with CHCs in their telehealth/telemedicine needs.

Libbey likes to run, be outside and doodle with art.